

Old 3000m Championships - 13/02/2021**Gold Coast Performance Centre****Results - 3000m Championships****Women 3000 Metre U17 Champs**

Name	Year Team	Finals
Heat 1		
1 Malcolm, Sophie	05 Athletics North	10:07.32
2 Rodwell, Ella	05 Thompson Estate	10:19.57
3 Hunt, Millie	05 Athletics North	10:52.71
4 Forsyth, Ashlee	05 SAS	11:01.26
5 Noon, Heidi	05 Athletics North	11:08.02
6 Andrysiak, Maja	05 Intraining	11:47.44

Women 3000 Metre U16 Champs

Name	Year Team	Finals
1 Johnson, Gretta	06 GFR	10:11.87
2 Schmidt, Gabrielle	06 Intraining	10:16.54
3 Hannigan, Tess	06 QA	10:27.32
4 Moore, Erica	06 Athletics North	10:40.64
5 McRae, Joanna	06 Darling Downs	10:56.65
6 Hughes, Ruby	06 Ignition	11:08.02
7 Webb, Emily	06 FTA	11:27.99
8 Biernoff, Lilly	06 QA	12:29.70

Women 3000 Metre U20/Open

Name	Year Team	Finals
1 Gunton, Tayla	03 PRM	10:06.69
2 Murdock, Caitlin	91 Bert Squad	10:09.92
3 Lumley, Tyla	02 Athletics North	10:15.03
4 Hill, Gabriella	03 Gold Coast Victory	10:30.51
5 Smyrneos, Kathryn	85 DCC	10:30.60
6 Rooney, Shae	03 Gold Coast Victory	10:32.17
7 White, Abby	01 Darling Downs	10:38.83
8 McLennan, Kate	00 Intraining	10:42.26
9 Malone, Alanasia	99 Border Striders	10:57.50
10 Lennon, Olivia	76 Bert Squad	11:02.59
11 Parker, Amy	98 Darling Downs	11:13.72
12 Lockhart, Kloe	03 CAN	12:06.56
13 Sammon, Jessica	92 Mayne Harriers	12:08.44
14 Kunde, Michelle	78 GFR	12:57.50
15 Francis, Alyson	83 GFR	13:20.89
-- Greenwood, Sarah	91 Bert Squad	DNF
Heat 2		
1 Feain-Ryan, Cara	99 UNQ	9:21.59
2 Erbacher, Brielle	99 Darling Downs	9:25.10
3 Firsova, Olga	83 Qld Masters	9:28.85
4 Hedgeland, Jaz	95 QA	9:29.72
5 Phillips, Samantha	97 UNQ	9:34.57
6 Johnson, Amber	95 Gold Coast Run Co	9:36.15
7 Dolton, Lily	97 UNQ	9:41.69
8 Woolnough, Cara	98 QA	9:46.23
9 McQuilkin-Bell, Caitlin	97 Lace Up Running	9:55.66
10 Onley, Olissa	04 New South Wales	9:57.27
11 Sewell, Molly	05 Gold Coast Victory	9:58.87

Qld 3000m Championships - 13/02/2021**Gold Coast Performance Centre****Results - 3000m Championships****...Women 3000 Metre U20/Open**

12 Derbyshire, Charlotte	01 QA	10:00.51
13 Wilson, Ella	06 QA	10:07.29
14 Moore, Nikita	02 Athletics North	10:07.81
15 Aimer, Tekara	03 Maroochy	10:08.02
16 Lawson, Katherine	03 Qeii Track Club	11:00.30
-- Seccombe, India	03 Ignition	DNF
-- Cox, Hannah	98 SAS	DNF

Women 3000 Metre U18 Champs

Name	Year Team	Finals
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Heat 1

1 Moore, Keira	04 Athletics North	10:00.88
2 Donnelley, Sayla	04 Gold Coast Run Co	10:10.90
3 Doherty, Yasmin	04 Intraining	10:24.35
4 Scott, Starr	04 Gold Coast Victory	10:28.03
5 Partridge, Amy	04 UNQ	10:36.31
6 Lee, Annabel	04 Redlands Athletics	10:39.28
7 Thomas, Sasha	04 UNQ	10:46.90
8 Watt, Emma-Kate	04 UNQ	11:05.97
9 Gilmore, Emily	04 Intraining	11:44.01

Women 3000 Metre U15 Champs

Name	Year Team	Finals
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1 McElwaine, Zoe	08 Athletics North	10:30.23
2 Watson, Gwen	07 Mayne Harriers	10:33.23
3 Lee, Matilda	07 UNQ	10:34.38
4 Bright, Annabel	07 UNQ	10:50.10
5 Jenkinson, Saffron	09 Athletics North	10:53.58
6 Gladwin, Chelsea	07 Darling Downs	10:54.92
7 Sowery, Polly	07 Gold Coast Victory	10:57.09
8 McCowen, Maeve	08 Athletics North	11:09.86
9 Foster, Pascalle	07 Ignition	11:16.86
10 Knox, Ella	07 Athletics North	11:19.17
11 Hunt, Sophie	07 Athletics North	11:23.22
12 Flack, Chloe	07 Thompson Estate	11:24.07
13 Webb, Sophie	08 FTA	11:24.51
14 Schubert, Sienna	08 QA	11:30.61
15 Noon, Chloe	07 Athletics North	11:31.48
16 Forbes-Schutz, Freya	07 UNQ	11:33.23
17 Knox, Ava	09 Athletics North	11:36.90
18 Schefe, Mackenzi	07 Darling Downs	11:50.64
19 Hately, Charlotte	09 Gold Coast Victory	11:55.78
20 Williams, Lyla	07 Gold Coast Victory	11:58.44
21 Howland, Maleka	08 QA	12:09.95
22 Dogan, Alexandra	11 New South Wales	12:11.95
23 Moore, Amali	07 QA	12:15.22
-- Dogan, Skye	09 New South Wales	DNF

Qld 3000m Championships - 13/02/2021**Gold Coast Performance Centre****Results - 3000m Championships****Men 3000 Metre U18 Champs**

Name	Year Team	Finals
1 Cornelius, Lachlan	04 SAS	8:40.39
2 Boltz, Ollie	04 PRM	8:41.23
3 Pumpa, Flynn	04 UNQ	8:48.64
4 Hansen, Matthew	04 Bert Squad	8:49.98
5 Mercer, Brayden	04 Gold Coast Run Co	8:51.17
6 Gray, Ethan	04 QA	8:52.67
7 Cramb, Harvey	04 Border Striders	8:57.81
8 Waugh, Brock	04 Gold Coast Victory	9:00.15
9 Forbes-Schutz, Mattias	04 UNQ	9:00.35
10 Hayward, Kris	04 GCA	9:00.60
11 Gibb, Braden	04 UNQ	9:03.27
12 Cornelius, Oscar	04 SAS	9:09.94
13 Hooper, Max	04 UNQ	9:19.52
14 Bell, Cooper	04 QA	9:22.27
15 Newsham, Zack	04 Intraining	9:25.88
16 McCure, Lachlan	04 QA	9:38.73
17 Hooper, Innis	04 SAS	9:44.48
18 Shaw, Connor	04 Ipswich & District	9:56.00

Men 3000 Metre U20/Open Cha

Name	Year Team	Finals
1 Willems, Jacob	98 Qut Athletics Club	9:08.93
2 Jones, Nathan	99 Be A Runner	9:24.36
3 Mathewson, Shane	81 Qld Masters	9:24.78
4 Brown, William	03 Gold Coast Run Co	9:25.97
5 Willey, Andrew	76 Qld Masters	9:26.60
6 Manchon, Christophe	82 Bert Squad	9:26.90
7 Mather, Matthew	02 QA	9:36.21
8 Martin, Zac	01 UNQ	9:36.29
9 Kennedy, Connor	03 GFR	9:41.69
10 Stewart, Stephen	78 USC	9:46.29
11 Thompson, Josh	83 Qld Masters	9:49.04
12 Jackson, Michael	74 Toowong Harriers	9:54.65
13 Bell, Hamish	74 QA	9:56.62
14 Canfell, Anthony	70 Bert Squad	10:02.03
15 Clarke, Andrew	85 BRR	10:09.12
16 Barry, Kai	91 Qut Athletics Club	10:27.82
17 Fitzgerald, Dennis	70 Toowong Harriers	10:37.62
18 Doherty, Jesse	03 Be A Runner	10:47.06
19 Ashford, Paul	59 Qld Masters	11:49.04
20 Gale, Christopher	71 GFR	11:52.94
21 Wallace, Adrian	72 GFR	12:43.79
22 Holt, David	68 GFR	14:28.24
-- Link, Peter	67 Qld Masters	DNF
Heat 2		
1 Williams, Daniel	94 Ipswich & District	8:36.79
2 Tacey, Ben	01 USC	8:38.32
3 Hickey, Ryan	97 QA	8:38.53
4 Gerring, Zac	87 UNQ	8:40.94
5 Partridge, Jack	03 UNQ	8:41.43
6 Boyle, Charlie	85 Gold Coast Victory	8:42.23

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7 Baker, Eli	02 QA	8:42.32
8 Fisk, Tim	02 Thompson Estate	8:43.44
9 Davies, Alex	02 Ipswich & District	8:46.17
10 Tyson, Teketel	01 Intraining	8:46.98
11 Hall, Michael	03 Be A Runner	8:47.33
12 Sosinski, Jack	99 QA	8:48.61
13 Begbie, Joshua	01 QA	8:51.42
14 Williams, Drew	89 DCC	8:53.62
15 Gross, Jacob	03 Gold Coast Victory	8:56.47
16 Collins, Robert	89 DCC	8:57.97
17 Stovin, Jamison	01 QA	8:59.46
18 Latouf, Connor	02 Maroochy	8:59.71
19 Emonson, Deklen	03 PRM	9:00.45
20 Pearce, David	02 Gold Coast Run Co	9:00.65
21 Cranitch, Jackson	03 Qeii Track Club	9:10.77
22 Grieve, Tom	95 QA	9:11.46
23 Melloy, Joel	03 South Pine Striders	9:16.46
24 Stringer, Robert	03 Out Athletics Club	9:26.80
25 Waters, Jasper	02 QA	9:58.06

Heat 3

1 Davies, Callum	99 UNQ	7:59.51	
2 Thomas, Jude	02 Ipswich & District	8:00.07	Shoes OK
3 Copeland, Brandon	96 QA	8:08.03	
4 McAfee, Louis	96 Gold Coast Run Co	8:11.98	
5 Hobbs, Aidan	86 Intraining	8:13.56	
6 Whiteoak, Max	96 Gold Coast Run Co	8:17.37	
7 Craig, Peyton	05 USC	8:19.74	
8 Biggs, Harry	00 QA	8:23.83	
9 Gillen, Toby	01 Athletics North	8:24.61	
10 Roberts, Matthew	96 Qrun	8:26.34	
11 McLennan, Jordan	95 Gold Coast Run Co	8:27.17	
12 Gibson, Benjamin	00 UNQ	8:27.71	
13 Crabtree, Bailey	02 Gold Coast Run Co	8:28.80	
14 Powell, Ryan	97 Intraining	8:28.91	
15 Salcedo, Jack	01 Thompson Estate	8:29.37	
16 Gannon, Gus	03 Intraining	8:32.36	
17 Jones, Lachlan	00 QA	8:32.51	
18 Williams, Grant	89 DCC	8:37.66	
19 Wylde, Kye	97 QA	8:42.77	

Men 3000 Metre U15 Champs

Name	Year Team	Finals
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Heat 1

1 Scott, Cru	07 Gold Coast Victory	9:36.60
2 Lethlean, Joseph	07 Ignition	9:38.38
3 Gorski, Luke	08 Ignition	10:05.97
4 Dogan, Tyler	07 New South Wales	10:08.07
5 Nisbet, Benjamin	07 Thompson Estate	10:12.46
6 Richards, Benjamin	07 Ignition	10:32.20
7 Barnes, William	07 QA	10:37.71
8 Baker, Henry	07 QA	10:44.79
9 Brown, Angus	08 Qrun	10:51.39
10 Forbes-Schutz, Hannes	09 UNQ	11:07.41

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11 Rolff, Kelsey	10 BRR	11:57.86
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Men 3000 Metre U16 Champs

Name	Year Team	Finals
1 Mahony, Seth	06 UNQ	9:19.28
2 Kitching, Jade	06 New South Wales	9:20.85
3 Chippendale, Toby	06 Qeii Track Club	9:20.94
4 Miller, Charlie	06 Ignition	9:26.74
5 Brew, Isaak	06 Darling Downs	9:33.99
6 Lloyd, Oliver	06 Gold Coast Run Co	9:54.94
7 Carter, Noah	06 Thompson Estate	9:55.19
8 Rayner, Lachlan	06 Intraining	9:57.56
9 Fenton, Archie	06 Gold Coast Run Co	9:59.50
10 Paech, Samuel	06 Thompson Estate	10:00.53
11 Hogno, Timothy	06 QA	10:04.39
12 Prole, James	06 Intraining	10:06.29
13 Bebandorf, Joseph	06 Qrun	10:06.87
14 Welgemoed, Renier	06 QA	10:07.16
15 Bell, Alastair	06 QA	10:22.12
16 McCure, Sam	06 QA	10:22.68
17 Ziukelis, Joe	06 Be A Runner	11:47.28

Men 3000 Metre U17 Champs

Name	Year Team	Finals
1 Ridgway, Archie	05 UNQ	8:56.37
2 Jessep, Hudson	05 USC	9:04.18
3 Wagner, Marley	05 QA	9:05.56
4 Ayuya, Nelson	05 QA	9:11.59
5 Rayner, Oscar	05 Intraining	9:13.44
6 Forbes-Schutz, Jonas	05 UNQ	9:28.54
7 Myles-Hawkins, Zak	05 QA	9:42.81
8 Wilson, Jesse	05 Thompson Estate	9:49.47
9 Buhagiar, Vincent	05 Athletics North	9:50.75
10 Nisbet, Joshua	05 Thompson Estate	10:18.93
11 Wanmer, Aleksander	05 Athletics North	10:53.94