



# Cathy Freeman Shield

Venue: QSAC - MAIN, Nathan

Date: 06/03/2021

Timetable: **Final as at 05/03/2021**



Track				Field		
03:30PM	110m Hurdles	Male	U20/Open	03:00PM	Pole Vault	Female
03:38PM	110m Hurdles	Male	U18		Long Jump C Grade	Male
03:46PM	100m Hurdles	Male			Shot Put	Male
03:51PM	100m Hurdles	Female	U20/Open		Javelin A Grade	Female
03:59PM	100m Hurdles	Female	U18			
04:07PM	90m Hurdles	Male				
04:07PM	90m Hurdles	Female				
	<b>80m Hurdles</b>	<b>Female</b>				
04:30PM	100m	Male	Heat 1			
04:33PM	100m	Male	Heat 2	04:15PM	Long Jump A Grade	Male
04:36PM	100m	Male	Heat 3		Javelin B Grade	Female
04:39PM	100m	Male	Heat 4			
04:42PM	100m	Male	Heat 5	04:30PM	Long Jump B Grade	
04:45PM	100m	Male	Heat 6			
04:48PM	100m	Male	Heat 7			
04:51PM	100m	Male	Heat 8			
04:54PM	100m	Male	Heat 9			
04:57PM	100m	Female	Heat 1			
05:00PM	100m	Female	Heat 2			
05:03PM	100m	Female	Heat 3			
05:06PM	100m	Female	Heat 4			
05:09PM	100m	Female	Heat 5			
05:12PM	100m	Female	Heat 6			
05:15PM	100m	Female	Heat 7			
05:18PM	100m	Female	Heat 8			
05:21PM	100m	Race Running				
				05:30PM	Pole Vault	Male
05:45PM	400m	Male	Heat 1		Long Jump B Grade	Female
05:48PM	400m	Male	Heat 2		Long Jump C Grade	Female
05:51PM	400m	Male	Heat 3			
05:54PM	400m	Male	Heat 4	05:45PM	Shot Put A Grade	Female
05:47PM	400m	Male	Heat 5			
06:00PM	400m	Male	Heat 6			
06:03PM	400m	Male	Heat 7			
06:06PM	400m	Female	Heat 1			
06:09PM	400m	Female	Heat 2			
06:12PM	400m	Female	Heat 3			
06:15PM	400m	Female	Heat 4			
06:18PM	400m	Female	Heat 5			
06:21PM	400m	Female	Heat 6			
06:24PM	400m	Female	Heat 7			
				06:45PM	Long Jump A Grade	Female
06:53PM	1500m	Male	Heat 1		Javelin	Male
07:00PM	1500m	Male	Heat 2			
07:07PM	1500m	Male	Heat 3	07:00PM	Shot Put B Grade	Female
07:14PM	1500m	Male	Heat 4			
07:21PM	1500m	Male	Heat 5			
07:28PM	1500m	Female	Heat 1			
07:35PM	1500m	Female	Heat 2			
07:42PM	1500m	Female	Heat 3			
07:49PM	1500m	Female	Heat 4			