



# Pole Vault Meet #1

Venue: University of the Sunshine Coast, Sippy Downs

Date: 06/01/2021

Timetable: **Draft as at 16/12/2020**



| Track |  |  |  | Field   |            |             |
|-------|--|--|--|---------|------------|-------------|
|       |  |  |  | 06:00PM | Pole Vault | Male/Female |
|       |  |  |  |         |            |             |

\*Timetable is subject to change upon close of entries.  
Please refer to timetable closer to event date.



# Denise Boyd Shield

Venue: QSAC - MAIN, Nathan

Date: 16/01/2021

Timetable: **Draft as at 08/12/2020**



| Track   |              |        |  | Field   |                     |        |
|---------|--------------|--------|--|---------|---------------------|--------|
| 03:00PM | 400m Hurdles | Male   |  | 03:00PM | High Jump           | Male   |
|         | 400m Hurdles | Female |  |         | Hammer (SAF)        | Male   |
| 03:30PM | 200m Hurdles | Male   |  |         | Discus A Grade      | Female |
|         | 200m Hurdles | Female |  |         | Triple Jump B Grade | Female |
| 04:00PM | 100m         | Male   |  |         |                     |        |
| 04:45PM | 200m         | Male   |  | 04:30PM | Discus B Grade      | Female |
|         |              |        |  |         | Triple Jump A Grade | Female |
| 05:30PM | 100m         | Female |  |         |                     |        |
| 06:15PM | 200m         | Female |  | 06:00PM | High Jump           | Female |
|         |              |        |  |         | Hammer (SAF)        | Female |
| 07:00PM | 800m         | Male   |  |         | Discus A Grade      | Male   |
|         |              |        |  |         | Triple Jump B Grade | Male   |
| 07:30PM | 800m         | Female |  |         |                     |        |
| 08:00PM | 3000m        | Female |  | 07:30PM | Discus B Grade      | Male   |
| 08:30PM | 3000m        | Male   |  |         | Triple Jump A Grade | Male   |
|         |              |        |  |         |                     |        |

\*Timetable is subject to change upon close of entries.  
Please refer to timetable closer to event date.



# Pole Vault Meet #2

Venue: Griffith University, Southport

Date: 20/01/2021

Timetable: **Draft as at 16/12/2020**



| Track |  |  |  | Field   |            |             |
|-------|--|--|--|---------|------------|-------------|
|       |  |  |  | 06:00PM | Pole Vault | Male/Female |
|       |  |  |  |         |            |             |

\*Timetable is subject to change upon close of entries.  
Please refer to timetable closer to event date.



# Dane Bird-Smith Shield

Venue: QSAC - SAF, Nathan

Date: 23/01/2021

Timetable: **Draft as at 08/12/2020**



| Track          |                  |              |  | Field          |                   |        |
|----------------|------------------|--------------|--|----------------|-------------------|--------|
| <b>03:00PM</b> | 110m Hurdles     | Male         |  | <b>03:00PM</b> | Javelin A Grade   | Female |
|                | 100m Hurdles     | Male         |  |                | Long Jump B Grade | Male   |
|                | 100m Hurdles     | Female       |  |                | Shot Put B Grade  | Female |
|                | 90m Hurdles      | Male         |  |                |                   |        |
|                | 90m Hurdles      | Female       |  |                |                   |        |
|                | 80m Hurdles      | Female       |  |                |                   |        |
|                |                  |              |  |                |                   |        |
| <b>04:00PM</b> | 100m             | Male         |  |                |                   |        |
|                |                  |              |  |                |                   |        |
| <b>04:45PM</b> | 400m             | Male         |  | <b>04:30PM</b> | Javelin B Grade   | Female |
|                |                  |              |  |                | Long Jump A Grade | Male   |
| <b>05:30PM</b> | 100m             | Female       |  |                | Shot Put A Grade  | Female |
|                |                  |              |  |                |                   |        |
| <b>06:00PM</b> | 100m             | Race Running |  |                |                   |        |
|                |                  |              |  |                |                   |        |
| <b>06:15PM</b> | 400m             | Female       |  | <b>06:00PM</b> | Javelin A Grade   | Male   |
|                |                  |              |  |                | Long Jump A Grade | Female |
| <b>07:00PM</b> | 1500m            | Male         |  |                | Shot Put B Grade  | Male   |
|                |                  |              |  |                |                   |        |
| <b>07:30PM</b> | 1500m            | Female       |  | <b>07:30PM</b> | Javelin B Grade   | Male   |
|                |                  |              |  |                | Long Jump B Grade | Female |
| <b>08:00PM</b> | 3000m/5000m Walk | Male/Female  |  |                | Shot Put A Grade  | Male   |
|                |                  |              |  |                |                   |        |

\*Timetable is subject to change upon close of entries.  
Please refer to timetable closer to event date.



# Hump Day Meet #1

Venue: QSAC - SAF, Nathan

Date: 27/01/2021

Timetable: **Draft as at 08/12/2020**



| Track          |                        |        |  | Field          |            |             |
|----------------|------------------------|--------|--|----------------|------------|-------------|
| <b>06:00PM</b> | 60m                    | Male   |  | <b>06:00PM</b> | Pole Vault | Male/Female |
|                |                        |        |  | <b>06:00PM</b> | Hammer     | Male        |
| <b>06:20PM</b> | 60m                    | Female |  |                |            |             |
|                |                        |        |  |                |            |             |
| <b>06:45PM</b> | 300m                   | Male   |  | <b>07:45PM</b> | Hammer     | Female      |
|                |                        |        |  |                |            |             |
| <b>07:05PM</b> | 300m                   | Female |  |                |            |             |
|                |                        |        |  |                |            |             |
| <b>07:35PM</b> | 2000m Steeple @76.2cm  | Male   |  |                |            |             |
| <b>07:45PM</b> | 2000m Steeple @ 76.2cm | Female |  |                |            |             |
| <b>08:00PM</b> | 3000m Steeple @ 76.2cm | Female |  |                |            |             |
| <b>08:20PM</b> | 2000m Steeple @84cm    | Male   |  |                |            |             |
| <b>08:40PM</b> | 3000m Steeple @91.4cm  | Male   |  |                |            |             |
|                |                        |        |  |                |            |             |

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# Joanna Stone Shield

Venue: QSAC - MAIN, Nathan

Date: 30/01/2021

Timetable: **Draft as at 08/12/2020**



| Track          |              |              |  | Field          |                        |             |
|----------------|--------------|--------------|--|----------------|------------------------|-------------|
| <b>03:00PM</b> | 400m Hurdles | Male         |  | <b>03:00PM</b> | High Jump              | Male        |
|                | 400m Hurdles | Female       |  |                | Discus A Grade         | Female      |
| <b>03:30PM</b> | 200m Hurdles | Male         |  |                | Triple Jump B Grade    | Female      |
|                | 200m Hurdles | Female       |  |                |                        |             |
| <b>04:00PM</b> | 100m         | Male         |  |                |                        |             |
| <b>04:30PM</b> | 100m         | Female       |  | <b>04:15PM</b> | Discus B Grade         | Female      |
|                |              |              |  |                | Triple Jump A Grade    | Female      |
| <b>05:00PM</b> | 100m         | Race Running |  |                |                        |             |
| <b>05:15PM</b> | 200m         | Male         |  |                |                        |             |
| <b>05:45PM</b> | 200m         | Female       |  | <b>05:30PM</b> | High Jump              | Female      |
|                |              |              |  |                | Discus A Grade (SAF)   | Male        |
| <b>06:35PM</b> | 800m         | Male         |  |                | Triple Jump B Grade    | Male        |
|                |              |              |  |                | Javelin (Invitational) | Male/Female |
| <b>06:55PM</b> | 800m         | Female       |  |                |                        |             |
| <b>07:20PM</b> | 3000m        | Female       |  | <b>06:45PM</b> | Discus B Grade         | Male        |
| <b>07:50PM</b> | 3000m        | Male         |  |                | Triple Jump A Grade    | Male        |
|                |              |              |  |                |                        |             |
|                |              |              |  |                |                        |             |

\*Timetable is subject to change upon close of entries.  
Please refer to timetable closer to event date.



# Pole Vault Meet #3

Venue: Griffith University, Southport

Date: 02/02/2021

Timetable: **Draft as at 16/12/2020**



| Track |  |  |  | Field          |            |             |
|-------|--|--|--|----------------|------------|-------------|
|       |  |  |  | <b>06:00PM</b> | Pole Vault | Male/Female |
|       |  |  |  |                |            |             |

\*Timetable is subject to change upon close of entries.  
Please refer to timetable closer to event date.



# Sally Pearson Shield

Venue: QSAC - MAIN, Nathan

Date: 06/02/2021

Timetable: **Draft as at 08/12/2020**



| Track          |              |              |  | Field          |                   |        |
|----------------|--------------|--------------|--|----------------|-------------------|--------|
| <b>02:45PM</b> | 400m Hurdles | Male         |  | <b>03:00PM</b> | Long Jump B Grade | Male   |
|                | 400m Hurdles | Female       |  |                | Javelin A Grade   | Female |
|                | 200m Hurdles | Male         |  |                | Shot Put A Grade  | Male   |
|                | 200m Hurdles | Female       |  |                |                   |        |
| <b>03:30PM</b> | 110m Hurdles | Male         |  | <b>04:15PM</b> | Long Jump A Grade | Male   |
|                | 100m Hurdles | Male         |  |                | Javelin B Grade   | Female |
|                | 100m Hurdles | Female       |  |                | Shot Put B Grade  | Male   |
|                | 90m Hurdles  | Male         |  |                |                   |        |
|                | 90m Hurdles  | Female       |  |                |                   |        |
|                | 80m Hurdles  | Female       |  |                |                   |        |
| <b>04:30PM</b> | 100m         | Male         |  | <b>05:30PM</b> | Long Jump A Grade | Female |
|                |              |              |  |                | Javelin A Grade   | Male   |
| <b>05:00PM</b> | 100m         | Female       |  |                | Shot Put B Grade  | Female |
|                |              |              |  |                |                   |        |
| <b>5:30PM</b>  | 100m         | Race Running |  |                |                   |        |
|                |              |              |  |                |                   |        |
| <b>05:45PM</b> | 400m         | Male         |  | <b>06:45PM</b> | Long Jump B Grade | Female |
|                |              |              |  |                | Javelin B Grade   | Male   |
|                |              |              |  |                | Shot Put A Grade  | Female |
| <b>06:15PM</b> | 400m         | Female       |  |                |                   |        |
|                |              |              |  |                |                   |        |
| <b>07:15PM</b> | 1500m        | Male         |  |                |                   |        |
|                |              |              |  |                |                   |        |
| <b>07:35PM</b> | 1500m        | Female       |  |                |                   |        |
|                |              |              |  |                |                   |        |

\*Timetable is subject to change upon close of entries. Please refer to timetable closer to event date.



# Hump Day Meet #2

Venue: QSAC - SAF, Nathan

Date: 10/02/2021

Timetable: **Draft as at 08/12/2020**



| Track          |                        |             |  | Field          |             |        |
|----------------|------------------------|-------------|--|----------------|-------------|--------|
| <b>06:00PM</b> | 3000m/5000m Walk       | Male/Female |  | <b>06:00PM</b> | Triple Jump | Male   |
|                |                        |             |  |                | Hammer      | Female |
| <b>06:45PM</b> | 200m                   | Male        |  |                | High Jump   | Female |
|                |                        |             |  |                |             |        |
| <b>07:15PM</b> | 200m                   | Female      |  |                |             |        |
|                |                        |             |  | <b>07:45PM</b> | Triple Jump | Female |
| <b>08:00PM</b> | 2000m Steeple @76.2cm  | Male        |  |                | Hammer      | Male   |
|                | 2000m Steeple @ 76.2cm | Female      |  |                | High Jump   | Male   |
|                | 3000m Steeple @ 76.2cm | Female      |  |                |             |        |
|                | 2000m Steeple @84cm    | Male        |  |                |             |        |
|                | 3000m Steeple @91.4cm  | Male        |  |                |             |        |
|                |                        |             |  |                |             |        |

\*Timetable is subject to change upon close of entries.  
Please refer to timetable closer to event date.



# 3000m Classic (State Champs)

Venue: Gold Coast Performance Centre, Runaway Bay

Date: 13/02/2021

Timetable: **Draft as at 08/12/2020**



| Track   |               |        |         | Field |  |  |
|---------|---------------|--------|---------|-------|--|--|
| 04:00PM | Under 15      | Female |         |       |  |  |
| 04:15PM | Under 16      | Female |         |       |  |  |
| 04:30PM | Under 15      | Male   |         |       |  |  |
| 04:45PM | Under 16      | Male   |         |       |  |  |
| 05:00PM | Under 17      | Female |         |       |  |  |
| 05:15PM | Under 18      | Female |         |       |  |  |
| 05:30PM | Under 17      | Male   |         |       |  |  |
| 05:45PM | Under 18      | Male   |         |       |  |  |
| 06:00PM | Under 20/Open | Male   | E Grade |       |  |  |
| 06:15PM | Under 20/Open | Male   | D Grade |       |  |  |
| 06:30PM | Under 20/Open | Female | C Grade |       |  |  |
| 06:45PM | Under 20/Open | Male   | C Grade |       |  |  |
| 07:00PM | Under 20/Open | Female | B Grade |       |  |  |
| 07:15PM | Under 20/Open | Male   | B Grade |       |  |  |
| 07:30PM | Under 20/Open | Female | A Grade |       |  |  |
| 07:45PM | Under 20/Open | Male   | A Grade |       |  |  |
|         |               |        |         |       |  |  |
|         |               |        |         |       |  |  |

\*Timetable is subject to change upon close of entries.  
Please refer to timetable closer to event date.



# Pole Vault Meet #4

Venue: Griffith University, Southport

Date: 14/02/2021

Timetable: **Draft as at 16/12/2020**



| Track |  |  |  | Field   |            |             |
|-------|--|--|--|---------|------------|-------------|
|       |  |  |  | 02:00PM | Pole Vault | Male/Female |
|       |  |  |  |         |            |             |
|       |  |  |  |         |            |             |

\*Timetable is subject to change upon close of entries.  
Please refer to timetable closer to event date.



# Hump Day Meet #3

Venue: QSAC - SAF, Nathan

Date: 17/02/2021

Timetable: **Draft as at 08/12/2020**



| Track   |       |        |  | Field   |          |        |
|---------|-------|--------|--|---------|----------|--------|
| 06:00PM | 400m  | Female |  | 06:00PM | Javelin  | Female |
|         |       |        |  |         | Shot Put | Male   |
| 06:30PM | 400m  | Male   |  |         |          |        |
|         |       |        |  |         |          |        |
| 07:00PM | 1500m | Female |  | 07:45PM | Javelin  | Male   |
|         |       |        |  |         | Shot Put | Female |
| 07:30PM | 1500m | Male   |  |         |          |        |
|         |       |        |  |         |          |        |
|         |       |        |  |         |          |        |

\*Timetable is subject to change upon close of entries.  
Please refer to timetable closer to event date.



# Garry Brown Shield

Venue: QSAC - MAIN, Nathan

Date: 20/02/2021

Timetable: **Draft as at 08/12/2020**



| Track          |                  |              |  | Field          |                   |        |
|----------------|------------------|--------------|--|----------------|-------------------|--------|
| <b>03:00PM</b> | 3000m/5000m Walk | Male/Female  |  | <b>03:00PM</b> | Discus A Grade    | Male   |
|                |                  |              |  |                | Long Jump A Grade | Female |
|                |                  |              |  |                | High Jump         | Male   |
| <b>03:40PM</b> | 400m Hurdles     | Male         |  |                |                   |        |
|                | 400m Hurdles     | Female       |  |                |                   |        |
| <b>04:10PM</b> | 200m Hurdles     | Male         |  |                |                   |        |
|                | 200m Hurdles     | Female       |  |                |                   |        |
| <b>04:40PM</b> | 100m             | Male         |  | <b>04:15PM</b> | Discus B Grade    | Male   |
|                |                  |              |  |                | Long Jump B Grade | Female |
| <b>05:10PM</b> | 100m             | Female       |  |                |                   |        |
|                |                  |              |  |                |                   |        |
| <b>05:40PM</b> | 100m             | Race Running |  |                |                   |        |
|                |                  |              |  | <b>05:30PM</b> | Discus A Grade    | Female |
| <b>06:10PM</b> | 200m             | Male         |  |                | Long Jump A Grade | Male   |
|                |                  |              |  |                | High Jump         | Female |
| <b>06:40PM</b> | 200m             | Female       |  |                |                   |        |
|                |                  |              |  |                |                   |        |
| <b>07:40PM</b> | 800m             | Female       |  | <b>06:45PM</b> | Discus B Grade    | Female |
|                |                  |              |  |                | Long Jump B Grade | Male   |
| <b>08:00PM</b> | 800m             | Male         |  |                |                   |        |
|                |                  |              |  |                |                   |        |

\*Timetable is subject to change upon close of entries.  
Please refer to timetable closer to event date.



# Pole Vault Meet #5

Venue: University of the Sunshine Coast, Sippy Downs

Date: 27/02/2021

Timetable: **Draft as at 16/12/2020**



| Track |  |  |  | Field          |            |             |
|-------|--|--|--|----------------|------------|-------------|
|       |  |  |  | <b>02:00PM</b> | Pole Vault | Male/Female |
|       |  |  |  |                |            |             |

\*Timetable is subject to change upon close of entries.  
Please refer to timetable closer to event date.



# Hump Day Meet #4

Venue: QSAC - SAF, Nathan

Date: 03/03/2021

Timetable: **Draft as at 08/12/2020**



| Track   |                        |        |  | Field   |             |        |
|---------|------------------------|--------|--|---------|-------------|--------|
| 06:00PM | 200m                   | Male   |  | 06:00PM | Triple Jump | Female |
|         |                        |        |  |         | Discus      | Male   |
| 06:30PM | 200m                   | Female |  |         |             |        |
| 07:00PM | 800m                   | Male   |  |         |             |        |
| 07:30PM | 800m                   | Female |  |         |             |        |
| 08:00PM | 2000m Steeple @76.2cm  | Male   |  | 07:45PM | Triple Jump | Male   |
| 08:10PM | 2000m Steeple @ 76.2cm | Female |  |         | Discus      | Female |
| 08:20PM | 3000m Steeple @ 76.2cm | Female |  |         |             |        |
| 08:40PM | 2000m Steeple @84cm    | Male   |  |         |             |        |
| 08:55PM | 3000m Steeple @91.4cm  | Male   |  |         |             |        |
|         |                        |        |  |         |             |        |

\*Timetable is subject to change upon close of entries.  
Please refer to timetable closer to event date.



# Cathy Freeman Shield

Venue: QSAC - MAIN, Nathan

Date: 06/03/2021

Timetable: **Draft as at 08/12/2020**



| Track   |              |              |  | Field   |                   |        |
|---------|--------------|--------------|--|---------|-------------------|--------|
| 03:30PM | 110m Hurdles | Male         |  | 03:00PM | Pole Vault        | Female |
|         | 100m Hurdles | Male         |  |         | Long Jump B Grade | Male   |
|         | 100m Hurdles | Female       |  |         | Shot Put A Grade  | Male   |
|         | 90m Hurdles  | Male         |  |         | Javelin A Grade   | Female |
|         | 90m Hurdles  | Female       |  |         |                   |        |
|         | 80m Hurdles  | Female       |  |         |                   |        |
| 04:30PM | 100m         | Male         |  |         |                   |        |
| 05:00PM | 100m         | Female       |  | 04:15PM | Long Jump A Grade | Male   |
|         |              |              |  |         | Shot Put B Grade  | Male   |
| 05:30PM | 100m         | Race Running |  |         | Javelin B Grade   | Female |
| 05:45PM | 400m         | Male         |  |         |                   |        |
| 06:15PM | 400m         | Female       |  | 05:30PM | Pole Vault        | Male   |
|         |              |              |  |         | Long Jump B Grade | Female |
| 07:15PM | 1500m        | Male         |  |         | Shot Put A Grade  | Female |
|         |              |              |  |         | Javelin A Grade   | Male   |
| 07:35PM | 1500m        | Female       |  |         |                   |        |
|         |              |              |  | 06:45PM | Long Jump A Grade | Female |
|         |              |              |  |         | Shot Put B Grade  | Female |
|         |              |              |  |         | Javelin B Grade   | Male   |
|         |              |              |  |         |                   |        |

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Please refer to timetable closer to event date.